RLS-6 scales

Severity of RLS at bedtime

0  10
No symptoms  maximum severity of symptoms

Severity of RLS during the night

0  10
No symptoms  maximum severity of symptoms

Severity of RLS during daytime when at rest

0  10
No symptoms  maximum severity of symptoms

Severity of RLS during daytime when engaged in activities

0  10
No symptoms  maximum severity of symptoms

Satisfaction with sleep

0  10
Very satisfied  least amount of satisfaction

Daytime tiredness/sleepiness

0  10
Not tired/sleepy  maximum possible tiredness/sleepiness